

**ENTRANCE ANTIPHON**

Cf. Ps 26:7,9

Oh Lord, hear my voice,  
for I have called for you; be my help.  
Do not abandon or forsake me,  
O God, my Saviour!

**COLLECT**

O God, strength of those who hope in you,  
graciously hear our pleas,  
and, since without you mortal frailty can do nothing,  
grant us always the help of your grace,  
that in following your commands  
we may please you by our resolve and our deeds.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

**FIRST READING**

A reading from the Book of Exodus. Exodus 19:2-6a

In those days: The people of Israel came into the wilderness of Sinai, and they encamped in the wilderness. There Israel encamped before the mountain, while Moses went up to God. The Lord called to him out of the mountain, saying, 'Thus you shall say to the house of Jacob, and tell the people of Israel: "You yourselves have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you will indeed obey my voice and keep my covenant, you shall be my treasured possession among all peoples, for all the earth is mine; and you shall be to me a kingdom of priests and a holy nation."

The word of the Lord.  
**Thanks be to God.**

**PSALM**

Psalms 100(99):1-2. 3. 5. R.3c

**R. We are his people, the sheep of his flock.**

Cry out with joy to the Lord, all the earth.  
Serve the Lord with gladness.  
Come before him, in jubilation for joy.

Know that he, the Lord, is God.  
He made us; we belong to him.  
We are his people, the sheep of his flock.

Indeed, how good is the Lord,  
eternal his merciful love.  
He is faithful from age to age.

**SECOND READING**

A reading from the Letter of Saint Paul to the Romans. Romans 5:6-11

Brothers and sisters: While we were still weak, at the right time Christ died for the ungodly. For one will scarcely die for a righteous person — though perhaps for a good person one would dare even to die — but God shows his love for us in that while we were still sinners, Christ died for us. Since, therefore, we have now been justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life. More than that, we also rejoice in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The word of the Lord.  
**Thanks be to God.**

**ACCLAMATION BEFORE THE GOSPEL**

Alleluia, alleluia.

Mark 1:15

The kingdom of God is at hand;  
repent and believe in the gospel.  
Alleluia.

**GOSPEL**

Matthew 9:36-10:8

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to Matthew.

**Glory to you, O Lord.**

At that time: When Jesus saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, 'The harvest is plentiful, but the labourers are few; therefore pray earnestly to the Lord of the harvest to send out labourers into his harvest.' And he called to him his twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every affliction. The names of the twelve Apostles are these: first, Simon, who is called Peter, and Andrew his brother; James the son of Zebedee, and John his brother; Philip and Bartholomew; Thomas and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; Simon the Zealot, and Judas Iscariot, who betrayed him.

These twelve Jesus sent out, instructing them, 'Go nowhere among the Gentiles and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. And proclaim as you go, saying, "The kingdom of heaven is at hand." Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without paying; give without pay.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

R.

**PRAYER OVER THE OFFERINGS**

R.

O God, who in the offerings presented here provide for the twofold needs of human nature, nourishing us with food

R.

and renewing us with your Sacrament, grant, we pray,

that the sustenance they provide may not fail us in body or in spirit.

Through Christ our Lord.

**Amen.**

**COMMUNION ANTIPHON**

Ps 26:4

**There is one thing I ask of the Lord,  
only this do I seek:  
to live in the house of the Lord  
all the days of my life.**

**PRAYER AFTER COMMUNION**

As this reception of your

Holy Communion, O Lord,  
foreshadows the union of the faithful in you,  
so may it bring about unity in your Church.

Through Christ our Lord.

**Amen.**