

TODAY'S MASS

9th July 2023

14th Sunday in Ordinary Time (A)

ENTRANCE ANTIPHON

Cf. Ps 47: 10-11

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

THE COLLECT

O God, who in the abasement of your Son
have raised up a fallen world,
fill your faithful with holy joy,
for on those you have rescued from slavery to sin
you bestow eternal gladness.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

FIRST READING

A reading from the prophet Zechariah

9:9-10

The Lord says this:

'Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.'

The word of the Lord.
Thanks be to God.

PSALM

Ps 144:1-2.8-11.13-14. R.v1

**R) I will bless your name for ever,
O God my King.**

I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. **(R)**

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. **(R)**

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. **(R)**

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down. **(R)**

SECOND READING

A reading from the letter of St. Paul to the Romans

8:9.11-13

Your interests are not in the unspiritual, but in the spiritual, since
the Spirit of God has made his home in you. In fact, unless you
possessed the Spirit of Christ you would not belong to him, and
if the Spirit of him who raised Jesus from the dead is living in
you, then he who raised Jesus from the dead will give life to
your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our
unspiritual selves or to live unspiritual lives. If you do live in that
way, you are doomed to die; but if by the Spirit you put an end
to the misdeeds of the body you will live.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

Cf. Mt 11:25

**Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the kingdom to
mere children.
Alleluia!**

GOSPEL

Matthew 11:25-30

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to Matthew.

Glorify to you, O Lord.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of
earth, for hiding these things from the learned and the clever
and revealing them to mere children. Yes, Father, for that is what
it pleased you to do. Everything has been entrusted to me by
my Father; and no one knows the Son except the Father, just
as no one knows the Father except the Son and those to whom
the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I
will give you rest. Shoulder my yoke and learn from me, for I am
gentle and humble in heart, and you will find rest for your souls.
Yes, my yoke is easy and my burden light.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

May this oblation dedicated to your name
purify us, O Lord,
and day by day bring our conduct
closer to the life of heaven.
Through Christ our Lord.

COMMUNION ANTIPHON

Mt 11: 28

**Come to me, all who labour and are burdened,
and I will refresh you, says the Lord**

PRAYER AFTER COMMUNION

Grant, we pray, O Lord,
that, having been replenished by such great gifts,
we may gain the prize of salvation
and never cease to praise you.
Through Christ our Lord.

